3. Opioid Preparedness Exercise Session One  
and Two Agendas

**Directions:** Opioid preparedness exercises typically consist of two 120-minute sessions scheduled  
no more than one week apart. This document includes two template agendas that states may adapt when organizing their sessions and inviting participants to the exercises. The state response team   
is not required to divide the exercise, and the purpose, times, discussion items, activities, and descriptions can be adapted based on the jurisdiction’s needs.

[Agenda for Session One](#Session1)

[Agenda for Session Two](#Session2)



[STATE] Opioid Preparedness Exercise: Disruptions in Access to Opioid Prescriptions Agenda (Session One)

Date: [INSERT DATE]

Time: [INSERT TIME]

Meeting Link: [INSERT MEETING LINK, ID, AND PASSWORD]

Purpose:

1. Discuss the necessity and urgency of preparing for disruptions in access to opioid prescriptions and to understand the fundamentals of creating a response protocol, including identifying partners, roles, and responsibilities.
2. Identify jurisdictional rapid response resources and enhance cross-sectoral partnerships to respond to opioid prescription disruptions.
3. Practice response scenarios to test and strengthen states’ opioid prescription disruption  
   response protocol.

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| Time | Activity |
| 5 minutes | **Welcome and Logistics**   * The facilitator will provide welcoming remarks, brief introductions, tech tips, and an overview of the session agenda. |
| 15 minutes | **Overview of the [STATE] Landscape**   * Representatives from the state will review information about how the state is impacted by disruptions in access to opioid prescriptions and provide contextual information that might be helpful during the exercise. |
| 10 minutes | **Introduction to CDC’s Opioid Rapid Response Program (ORRP) - Video**   * The facilitator will play a quick video about the CDC’s ORRP that highlights the importance of preparing for disruptions in access to opioid prescriptions, provides information about the national landscape pertaining to disruptions, and shares resources that can be supportive of response efforts. |
| 5 minutes | **Building the Foundation for a Response Plan**   * The facilitator will review a response framework that outlines the four key phases of the response. |
| 5 minutes | **Break** |
| 50 minutes | **Response Scenario Exercise**   * The facilitator will walk the group through a mock scenario focused on a law enforcement action against a prescriber and facilitate a group discussion about how the state might prepare for each phase of the response. |
| 15 minutes | **Action Planning**   * Participants will engage in discussion to identify next steps and points of contact who will carry out those steps. |
| 5 minutes | **Wrap-Up and Next Steps**   * As the team closes out the session, there will be an opportunity to provide closing thoughts. The facilitator will review how to access additional technical assistance and resources discussed throughout the session. |

[STATE] Opioid Preparedness Workshop: Disruptions in Access to Opioid Prescriptions Agenda (Session Two)

**Directions:** This template agenda serves as a modifiable tool for states to adapt when planning and sharing the agenda for the **second** session, if the state response team decides to separate the exercise into two parts. The second session can be tailored to expand upon discussions covered in session one or include information that has not been reviewed. This session is often scheduled no more than seven days after the first to ensure details of the conversation can be elaborated further. The purpose, times, activities, and descriptions can be adapted based on the jurisdiction’s needs.

Date: [INSERT DATE]

Time: [INSERT TIME]

Meeting Link: [INSERT MEETING LINK, ID, AND PASSWORD]

Purpose:

1. Identify jurisdictional rapid response resources and enhance cross-sectoral partnerships to respond to opioid prescription disruptions.
2. Practice response scenarios to test and strengthen states’ opioid prescription disruption  
   response protocol.

|  |  |
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| Time | Activity |
| 5 minutes | **Welcome and Logistics**   * The facilitator will provide welcoming remarks, brief introductions, tech tips, and an overview of the session agenda. |
| 15 minutes | **Review of Session One**   * The facilitator will review key takeaways, themes, and highlights from session one, including a detailed review of potential key partner roles and responsibilities during the response. |
| 60 minutes | **Response Scenario Exercise**   * The facilitator will continue to walk the group through a mock scenario focused on a law enforcement action against a prescriber and facilitate a group discussion about how the state might prepare for each phase of the response. |
| 5 minutes | **Break** |
| 15 minutes | **Action Planning**   * Participants will engage in discussion to identify next steps and points of contact who will carry out those steps. |
| 5 minutes | **Wrap-Up and Next Steps**   * As the facilitator closes out the session, there will be an opportunity to provide closing thoughts. The facilitator will review how to access additional resources discussed throughout both sessions. |

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